



# Primrose Schools

Affiliated to the Council for the Indian School Certificate Examinations  
School Code: TN079

(A Unit of Primrose Educational Trust, Chennai)

ISO 9001:2008 Certified

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Dear Parents,

A strong body is a source of a strong mind. Sports activities are the one which helps to develop a strong body. To train our children for sports day we have extended the school hours for the children of classes II to V by an hour. This is basically to ensure that the quality of academics is not compromised in the event of sports day practice. I would like to let you know that we have tried many other options. We thought of having it between 2 pm to 3 pm, but the problem was the children were not able to take heat exhaustion as it is a ground practice; more over two academic periods were lost in this process. We also thought of keeping the sports practice in early mornings, this puts us through very early morning pick-ups which is a great challenge for most of the parents, and one more biggest challenge we faced in this process is that, the children get fully drenched with sweat during practice and leaving them dry off for the whole day will create a serious hygiene issue. To support this activity we have hired two more vans and it is costing us a lot, even then we would like to go for this option so that the child is having a good practice at school and goes back home to refresh.

### Snacks in the Evening

As suggested please give them an extra pack of snacks (biscuits, juice) so that they can stay energetic till they reach home.

For those parents who would like to get snacks from school canteen (Kiosk) at the same time, would like to avoid small children handling money directly can pay

- Rs. 15 per day (375 per month) for a healthy snack (or)
- Rs.25 per day (625 per month) for a healthy snack and drink .

The snack will be provided directly to the children by 3.00 pm. You can pay the amount at the school office.

We trust this arrangement will help to shape our children better for future.

Regards

Principal

Primrose Schools.

